

## 19th Annual National Conference of INDIAN SOCIETY FOR BONE AND MINERAL RESEARCH

# ISBINIRO

10th-11th February 2024

at Hotel The Westin, Velachery, Chennai

Orations

Duologues

**Panel Discussion** 

**Meet the Professor** 

Medicine PG Bone Capsule

Postgraduate Quiz

#### Click Here to REGISTER

There is no registration fee, but pre registration is required.







#### Dear friends:

It gives me immense pleasure to welcome you all to Chennai for the 19th annual conference of the Indian Society for Bone and Mineral Research.to be held at Hotel Westin on Feb 10<sup>th</sup> and 11<sup>th</sup> 2024. The annual conference of the ISBMR brings together international and national experts who have deep experience in research and clinical medicine. They have been invited to deliver orations, state of the science lectures, participate in debates, duologues and meet the Professor sessions.

The program for the two day event has been very carefully curated to bring up to date information that will be relevant to clinicians, researchers and those in training. Endocrinologists, Rheumatologists, Geriatricians, Ob gyns, Internists, Orthopedic surgeons, Basic scientists & trainees with special interest in bone health will find this conference of great value.

Five International faculty will partner with over fifty national faculty to discuss topics like male osteoporosis, diabetes and bone, post menopausal osteoporosis, current and emerging therapeutic agents and rare disorders of the bone. The highlights will be the two orations delivered by Prof Ian Reid and Prof Satinath Mukhopadhyay, free papers by colleagues across the country and four meet the professor sessions.

This annual meeting has set the standard for quality of content, relevance, format and faculty.

I am joined by the dynamic organizing team members Drs Nitin Kapoor, HS Asha, Kripa Cherian,
Sahana Shetty, Lakshmi Nagendra and Shriraam Mahadevan in welcoming you to Chennai in February.

Looking forward to a two great days of learning with all of you.

Best regards

Usha Sriram and the organizing team.







#### **INTERNATIONAL SPEAKERS**



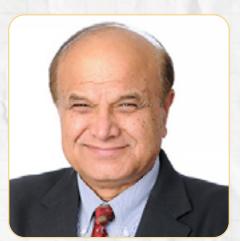
**Dr. lan Reid**Professor of Endocrinology,
University of Auckland,
New Zealand



**Dr. Eugene McCloskey**Professor in Adult Bone Disease
Metabolic Bone Center, Northern
General Hospital, UK



Dr. Sudhaker D. Rao Section Head, Bone & Mineral Metabolism Director, Bone & Mineral Research Laboratory Herny Ford Hospital, Detroit, USA



Dr. Subhash Kukreja
Professor Emeritus,
University of Illinois,
Chicago, USA



Dr. Manju Chandran
Senior Consultant, Director
of the Osteoporosis & Bone
Metabolism Unit Endocrinology,
Singapore General Hospital,
Singapore



Anabolic agents

**Bone Spotters** 

12.00-12.15

12.15-12.30

12.30 -12:50

Management of Osteoporosis -

Prevention of falls and fractures



Dr. A. Natarajan

Dr. Usha Sriram

Dr. Chitra Selvan

Dr. S. Suresh Kumar

Dr. Gagan Priya

Dr. JP Sahoo

PROG	PROGRAM SCHEDULE   10 FEBRUARY 2024   SATURDAY				
Time	Topic	Speaker	Chairpersons		
8.15-8.25	Welcome				
8.25-9.10	Evaluation of a patient with postmenopausal osteoporosis Panel Moderator - Dr. Lakshmi Nagendra	Dr. Om Lakhani Dr. Mohan Shenoy Dr. Dukhabandhu Naik Dr. Parjeet Kaur	Dr.Jaishree Gajaraj Dr. Shobana Mahadevan		
Symposium 1:					
9.15-9.35	Osteomalacia	Dr. Sambit Das			
9.35-9.55	Hypercalcemia	Dr. Saptarshi Bhattacharya	Dr. V. Krishnamurthy		
9.55-10.20	Duologue – Sports and Bone health?	Dr. KVS Harikumar Dr. Nalini Kopalle	Dr. PV Jayasankar Dr. Nitin Kapoor		
10.20-10.40	Hypoparathyroidism	Dr. Sahana Shetty	Dr. Thomas Paul		
10.40-11.05	Duologue –Osteosclerotic bone disorders in clinical practice	Dr. Vijay Bhaskar Reddy Dr. Madhukar Mittal			
11.05-11.15	Q & A Session				
Symposium 2 :					
11.15-11.30	Secondary osteoporosis	Dr. Jugal Gada			
11.30-11.45	Management of Osteoporosis - Non Pharmacological	Dr. Shehla Shaikh			
11.45-12.00	Management of Osteoporosis - Anti Resorptive agents	Dr. Tejal Lathia	Dr. V. Srinivas		





Time	Topic	Speaker	Chairpersons		
12.50-1.30	Lunch Break				
1.30-2.00	Inauguration				
2.00-2.20	Obesity and Bone	Dr. Ritu Trivedi	Dr. Sushil Gupta Dr. Sanjay Bhadada		
2.20-2.50	PANEL DISCUSSION Frailty, Falls and Bone Nutrition to prevent fractures	Dr. Deep Dutta Prof. Dr. MS Seshadri Dr. Vivek Arya	Dr. Ameya Joshi (Moderator)		
2.50-3.10	Bone Turnover Markers in clinical practice	Dr. Manju Chandran	Dr. Sudhaker Rao Dr. Ambrish Mithal		
3.10-3.25 Q & A Session					
3.25-4.00	Meet the professor - Rare bone Disorders		Dr. Subhash Kukreja Dr. Manju Chandran		
4.00-4.20	Vitamin D Fortification	Dr. Raman Marwaha	Dr. KVS Harikumar Dr. Deep Dutta		
4.20-4.40	Vitamin D: Critical evaluation and Non-skeletal benefits	Dr. Subhash Kukreja	Dr. Vivek Arya Dr. Manju Chandran		
4.40-5.00	ISBMR Standpoint on Vit D fortification	Dr. Ambrish Mithal	Dr. Raman Marwaha Dr. Nikhil Tandon		
5.00 -5.15	Q & A Session				
5.15-5.35	Osteoporosis in Young	Dr. Vijaya Sarathi	Prof. Dr. MS Seshadri Dr. Ajith Yadav		
5.35-5.55	Male Osteoporosis	Dr. Sushil Gupta	Dr. S. Murthy Dr. Usha Sriram		
5.55-6.10	Harnessing the Immunoporotic potential of "Bregs" under inflammatory bone loss in Postmenopausal Osteoporosis: Bench to Bedside	Dr. Rupesh K. Srivastava	Dr. Sanjay Bhadada Dr. Ameya Joshi		
6.10-6.20	Q & A Session				
6.20-7.00	QUIZ	Dr. Om Lakhani Dr. Vijay Bhaskar Reddy			
6.20-7.00	General Body meeting - Board Room				
😃 7.05 pm onwards Dinner 😃					





TROOKAM SCHEDOLL   THE LDROAKT 2024   SCHDAT						
Time	Topic	Speaker	Chairpersons			
8.00-9.00	FREE PAPER SESSION		Dr. Ian Reid Dr. Eugene McKloskey Dr. Sudhaker D. Rao			
9.00-9.20	Diabetes and Bone	Dr. Ambrish Mithal	Dr. Sanjay Bhadada Dr. Ritu Trivedi			
9.20-9.40	Recent drugs and combination therapies for the treatment of osteoporosis	Dr. Nikhil Tandon	Dr. Eugene McKloskey Dr. Satinath Mukhopadhyay			
9.40-9.50 Q & A Session						
9.50-10.35	Dr MMS Ahuja Oration	Dr. Ian Reid	Dr. Thomas Paul Dr. Sudhaker D. Rao Dr. Ambrish Mithal			
10.35-11.20	Dr SPS Teotia Oration	Dr. Satinath Mukhopadhyay	Dr. Usha Sriram Dr. Subhash Kukreja Dr. Nikhil Tandon			
11.20-12.00	Meet the professor Paget's Disease - Post graduate students	Dr. lan Reid Dr. Eugene Mckloskey				
12.00-12.20	PHPT Disease Phenotypes: Mechanistic explanations to reconcile different manifestations	Dr. Sudhaker D. Rao	Dr. Sanjay Bhadada Dr. Subhash Kukreja			
12.20-12.40	Breast Cancer and Bone Health	Dr. Usha Sriram	Prof. Dr. MS Seshadri Dr. Uma Krishnaswamy			
12.40-12.50	Q & A Session					
12.50-1.30 Lunch Break						





#### PROGRAM SCHEDULE | 11 FEBRUARY 2024 | SUNDAY

Time	Topic	Speaker	Chairpersons
12.50-1.30	POSTER PRESENTATION		Dr. Sunil Kota Dr. Sadish Kumar Kamalanathan Dr. Chitra Selvan
1.30-1.50	FRAX, Screening tools	Dr. Eugene McKloskey	Dr. Subhash Kukreja Dr. Sunil Kota
1.502.10	Imaging modalities in Parathyroid disease	Dr. Tushar Bandgar	Dr. Ameya Joshi Dr. Pramila Kalra
2.10-2.40	FLS -Duologue	Dr. Thomas Paul Dr. Sanjay Bhadada	Dr. A.B. Govindaraj Dr. Ajith Yadav
2.40- 2.50	Q & A Session		
2.50-3.20	Zoledronate or Denosumab after Teriparatide in sequential therapy for osteoporosis	Dr. Abhilash Nair Dr. Belinda George	Dr. Dukhabandhu Naik Dr. Sahana Shetty
3.20-3.40	Bone health in Transgender	Dr. Pramila Kalra	Dr. Sruthi Chandrasekhar Dr. Madhukar Mittal
3.40- 4.20	Meet the professor Metabolic Bone Disease in Pregnancy - Post graduate students	Dr. Sudhaker D. Rao Dr. Usha Sriram	
4.20-4.50	Duologue: Bone disease post-transplant -what clinician needs to know	Dr. Nitin Kapoor Dr. Kripa E. Cherian	Dr. Thomas Paul Dr. Georgi Abraham
4.50 -5:10	Newer diagnostic modalities of Osteoporosis	Dr. Shriraam Mahadevan	Dr. Asha HS Dr. Chitra Selvan
5.10- 5.20	Q & A Session		
5.20- 5.40	Valedictory function		



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