

Annual Report 2006

Introduction :

This year for the Indian Society for Bone and Mineral Research has been very fruitful one with a number of activities to achieve the aims and objectives of the society being conducted. The society has started functioning like a well oiled machinery with very heartening results. The society was able to start functioning from its new office location in Qutab Institutional Area with proper staff and this has reflected on its activities. After having successfully conducted our first National Conference at All India Institute of Medical Sciences (AIIMS) on 10 November 2005 and having first won the IOF Amgen Health Professional Awareness Grant at Bangkok, spirit of the Society were quite high which was reflected in its functioning in 2006.

Events Held in 2006

1. ISBMR's Courses on Metabolic Bone Diseases:

The year opened with a very structured programme "ISBMR Course on Metabolic Bone Disease" for educating the physician about osteoporosis in Cochin at the Amrita Institute of Medical Sciences in February 2006. This set the ball rolling for the other programmes that followed in Mumbai in May, Kolkata in September and ended with the 2nd ISBMR National Conference being held at Jaipur on 16 November, 2006.

The attendance at all these meetings were very heartening and as the word spread more and more physician very actively participated wanted to be a part of the same. The programme has gained a reputation of its own and has been largely appreciated.

2. Bone Health Quiz : One of the major event that was conducted under the aegis of ISBMR was ISBMR's search for India's First Bone Health Master for which ISBMR had won a scholarship from AMGEN. The event was very meticulously planned and conducted. The conduct was in three round, first two rounds being held in seven cities in India viz. Delhi, Mumbai, Kolkata, Jaipur, Bangalore, Ahmedabad and Hyderabad on 24 September, 2006. Medical students and Interns from over 30 medical colleges from these cities, numbering over 300 teams participated. The first round threw up eight teams in each city and the second round selected one team from each city to participate in the Final Round in Delhi on 12 October, 2006 at AIIMS, New Delhi. The first two rounds were written while the final round was both visual and oral. The team from AIIMS finally won the title "ISBMR's First Bone Health Master of India" and are being sent to an International conference on Bone Health by ISBMR. Dr. Rajesh Khadgawat deserves a special mention for having organized the event so well. Dr. Vivek Arya (Ahmedabad), Dr. Sandeep Mathur (Jaipur), Dr. Mala Dharamalingam (Bangalore), Dr. Rakesh Sahai (Hyderabad), Dr. Nalini Shah (Mumbai) and Dr. Satinath Mukerjee (Kolkata) too deserve a special mention for agreeing to become anchors in their respective cities and having done a wonderful job. Dr. Nikhil Tandon deserves all the kudos for having conducted the finals in a very professional manner, surpassing some of the Quiz Masters

3. Continued Interaction with IOF Representative :

During the year we had the opportunity to have the guidance of IOF's CEO, Dr. Daniel Naved and Head Business Communication, Mr. Paul Spencer Sochaczewski in 13 September 2006. These meetings bonded the two society's further and made courses corrections wherever required. These were very useful inputs from both sides for the ultimate goal of spreading awareness on Osteoporosis.

4. ISBMR's Sponsored International Meets on Osteoporosis :

i) Two doctors from ISBMR attended the IOF World Congress on Osteoporosis, held on June 2-6, 2006 at Toronto, Canada. The event was represented by Dr. Ambrish Mithal, President, ISBMR and Dr. Rajesh Khadgawat, Joint Secretary, ISBMR.

ii) Four members of ISBMR (Dr. Ambrish Mithal, Dr. Nikhil Tandon, Dr. Tushar Gupta and Dr. Tushar Bandgar) attended the Combined 3rd IOF Asia Pacific Regional Conference on Osteoporosis and 6th ASM of the Australian and New Zealand Bone & Mineral Society.

iii) Two members of ISBMR (Dr. Ambrish Mithal, President, ISBMR and Brig. Satish Kukreja (Retd.), Hony. Chief Executive Officer of ISBMR) also attended the Special Meeting to Develop IOF Asia Programme, held at Bangkok, Thailand.

5. ISBMR's 2nd National Conference held at Jaipur on 16 November, 2006 :

The event was organized with the active help of Rajasthan Chapter of ISBMR and was inaugurated by Dr. Ashok Pangariah, Head and Principal of SMS Medical College, Jaipur (Rajasthan). The participants really enjoyed a bonanza of knowledge from major national and international players in the field. A special thanks is due to Dr. Ranu Patni, the General Secretary of ISBMR, Rajasthan Chapter for conducting the event so well.

The event was preceded by a very open and useful meeting of Executive Committee of ISBMR resulting in some momentous and far reaching decisions.

6. Exceptional Achievement by Members :

Dr. Ambrish Mithal, our President won the award of "Doctor of the Year" 2005.

Dr. Nikhil Tandon, our Secretary become a full Professor at All India Institute of Medical Sciences (AIIMS) at a very young age, probably the youngest and B.C. Roy Award for Medicine Teacher. Also elected as fellow of National Academy of Sciences.

7. New Members :

During the year 2006, Fifteen (15) New Lifetime Members have joined the ISBMR.

Dr, Gurvinder Singh Sawhney, Dr. Anand Thakur, Dr. Raj Kukar Lalwani, Dr. Canchi Balakrishnan, Dr. Phulremu Chauhan, Dr. Kanchan Kewalramani, Dr. Manesh Chavan, Dr. Kavita Pai, Dr. Kiran Kulkarni, Dr. Parminder Singh, Dr. Anburajan Maia Michael, Dr. Sandeep Agarwal, Dr. Pitambar Prusty, Dr. Rajiv Pakhetra and Dr. K.S. Brar.

8. Website:

The website is fully functional.

9. E News Letter

The E News letter will be commencing shortly.