

Activities Conducted By ISBMR from 01st January 2007 to 31st December 2007

The events conducted by ISBMR during Jan 2007 to Oct 2007 are attached along with the Mail. As can be seen we have taken major steps towards creating awareness about Osteoporosis among medical fraternity. Since the beginning of the year we have conducted the following programme:

Events Held in 2007

- 1. 3rd Feb 2007** – CME with orthopedic emphasis was conducted at Mumbai. Prof Robert Marcus and Prof DS Rao from USA enlightened the audience with latest in the field.
- 2. 4th Feb 2007** - CME at Hyderabad: - Prof DS Rao along with our joint secretary Dr Rajesh Khadgawat conducted this day long physicians module. The event was organized by our local members- Dr Rakesh Sahay being the organizing secretary.
- 3. 8th Feb 2007** - CME was conducted at Indian Habitat Centre New Delhi. The program was held to coincide with the visit of Profs. Robert Marcus and DS Rao from USA. The multispecialty audience participated actively in the discussions.
- 4. 10th Feb 2007** – Orthopedic Initiative Delhi: - ISBMR launched its first Orthopedic Initiative with Prof Rajesh Malhotra of AIIMS taking over as society's orthopedic convener. The meeting was attended by select orthopedic from across the country- Dr Raghava Dutt Mulukutla from Hyderabad, Dr Vikas Agashe from Mumbai, Dr HS Chhabra from Delhi and Dr Budhadev Chattargee from Kolkata. They all agreed to form the core advisory group for the ISBMR's orthopedic initiative.
- 5. 26th Feb 2007** – During the IOF meeting at Bangkok in Dec 06, some doctors from Sri Lanka and Pakistan showed keen interest in forming a South Asian Forum to discuss and find common solution to problem in this region. A preliminary meeting was held at India International Centre, New Delhi on 26 Feb. All Society's heads of Indian societies affiliated to IOF i.e. Dr AB Dey, Dr Sushil Sharma as well as Dr Sarath Leekamwasam and Dr Sisira Siribadana from Sri Lanka attended a one day meeting to chalk out the future of this society. Members from other countries could not attend due to prior commitments and short notice, but all had shown willingness and enthusiasm for the concept in their communications. This meeting led to the organization of the first meeting of South Asian Society for Bone and Mineral Research (SASBMR) in Delhi on 28th – 29th Sep 2007, when the society was formally launched in the presence of IOF representative Dr Rene' Rizzoli, Dr Ian Reid and Ms Margret Walker.
- 6. 22nd Mar 2007** - ISBMR launched a Calcium Rich Recipe Book called "Fix IT Before It Breaks" at Hotel Taj Man Singh in Delhi. The book has been jointly authored by Dr Ambrish Mithal, our president and renowned dietician Anisha D. Taparia. The book was launched by Mrs. Renuka Chowdhry, Hon'ble Minister of State Women and child development. The book has been very well received and widely appreciated. We are already with our second print.

7. 8th May 2007 - In the beginning of May, we conducted a CME at Indore with orthopedic emphasis, where both our president Dr Ambrish Mithal and Prof Rajesh Malhotra, the Orthopedic convener along with the local faculty participated. Dr Sandeep Julka was the Organizing Secretary. The meeting was very well attended.

8. 17th – 19th May 2007 – Winners of the National Bone Health Quiz, Dr Shikhar Aggarwal and Dr Rohit Singla were sponsored by ISBMR to attend an osteoporosis course at Hong Kong.

9. 8th July 2007 – An ISBMR session was held as part of a popular physicians update at Nagpur. DR Ambrish Mithal, President, and Dr Rajesh Khadgawat, Joint Secretary, delivered lectures.

10. 15th -21st Sep 2007 – Four Doctors i.e. Brig RN Marwaha from Delhi, Dr RN Malhotra from Hyderabad, Dr Sanjeev Kalra from Karnal and Dr Sushil Gupta from Lucknow were sponsored to attend the ASBMR meeting at Hawaii for 15th to 21st Sep. Our president was one of the invitees. All the participants presented research paper at the conference.

11. 28-30th Sep 2007 – 3rd National ISBMR Conference & 1st SASBMR Conference: - This was held at AIIMS, New Delhi and a separate report is being sent about the same.

12. 11-14th Dec 2007 – The year ended with Dr Ambrish Mithal the President along with Brig Satish Kukreja, the CEO attending the World Wide Conference of Patients Societies of Osteoporosis at Miami, USA organized under the aegis of IOF. The conference was attended by over 150 delegates from 50 countries. The conference was very useful and brought out innovative ideas for creating awareness about osteoporosis among masses through patient's interactions.

WE WISH ALL OUR MEMBERS AND THEIR FAMILIES THE VERY BEST IN THE NEW YEAR 2008.