

ISBMR Annual Report - 2012

2012 has been a very active year with different kinds of meetings and events being organised all over India.

We crossed the membership figure to over 330 excluding the executive and many more are likely to join this year.

Practical Endocrinology for Gynaecologist (PEG)

This year, we organized the Practical Endocrinology for Gynecologists (PEG) twice. First it was organized on 17th February'2012 at Hotel Accord Metropolitan, Chennai. Dr. Usha Sriram was the Course Coordinator and it was attended by 64 Doctors. The programme was well appreciated by the enthusiastic participants.

The second PEG event was organized on 25th March'2012 at Hotel Taj Krishna, Hyderabad. Dr. Bipin Kumar Sethi was the course coordinator. 119 Gynecologists attended the meeting. All participants were thanking ISBMR & Montana for organizing a useful scientific platform & were equivocal on more such programmes in the future.

4th Indian Osteoporosis Congress

The silent wilderness of Goa came alive on the 1st of September 2012, which played host to ISBMR's Fourth Indian Osteoporosis Congress. More than a 100 Key Opinion Leaders in the fields of Endocrinology, Spine, Orthopaedics and Rheumatology dawned upon the lobby of Radisson Blu. The highlights of the event included - The Basic Building Blocks – Calcium 2012, DEXA: pitfalls and its relevance, Diagnostic tools for OP: FRAX tool, Challenges of doing replacement arthroplasty in an OP patient, Fracture healing and time of infusion: an insight into bisphosphonates, Management of osteoporotic trauma patient, Management of OP in a Renally Impaired patient, the least talked about - Male OP, Osteoporosis in Rheumatoid Arthritis, Going beyond the Bone in Osteoporosis and many more. The meeting concluded with Brig Kukreja's vote of thanks and a promise to the delegates that ISBMR would be back in 2013 with more interesting topics on osteoporosis!

8th ISBMR Annual Conference

The 8th ISBMR Annual Conference was held on 29th and 30th September'2012 in Lucknow. This one and half day meeting had national and international speakers discussing on various aspects of bone health and diseases. There was a free paper session where various research papers were presented. Research grants of Rs. 1, 00,000 per doctor was presented to Dr. Sushil Gupta and Lt. Col. M. K. Garg.

World Osteoporosis Day

ISBMR celebrated World Osteoporosis Day (WOD) at –

Bangalore - We organized a fun evening of Art and Bone Health at the Dayanand Sagar Auditorium. Honourable Governor of Bangalore was the Chief Guest.

New Delhi - "A Walk for Osteoporosis" - an awareness walk was organized on 20th October 2012 at Vasant Vatika, Vasant Kunj, New Delhi. Dr. Ambrish Mithal gave a talk - "Make your first break your last" and Dr. Namita Agarwal, CEO - Fitness Fusion gave tips on fitness. The event was kick started by launching The Purple Ribbon - a symbol for Osteoporosis Awareness. More than 150 enthusiastic residents of Vasant Kunj participated in the walk and went back home with lot of information and tips to manage and prevent osteoporosis. The event was organized and supported by International Osteoporosis Foundation, Indian Society for Bone and Minerals Research, Fitness Fusion, Ranbaxy Ortholands and AMA Water Ways - Luxury River Cruising Co.

New Delhi – ISBMR also organized an Osteoporosis Checkup Camp on 20th and 21st October 2012 at Air Force, Subroto Park, New Delhi. Dr. Nikhil Tandon, Professor of Endocrinology, All India Institute of Medical Sciences and President, ISBMR gave a talk creating awareness of osteoporosis. Dr. Naresh Gupta, Director - Professor of Medicine & Head, Haemophilia Centre, Maulana Azad Medical College, New Delhi gave some tips on improving Vitamin D and increasing bone strength. Around 250 persons from Air Force family underwent free checkup.

3rd Asia-Pacific Osteoporosis Meeting

The year ended with the participation of ISBMR in the 3rd Asia – Pacific Osteoporosis Meeting organized by IOF from 13th – 16th December at Kuala Lumpur. Around 10 members were sponsored by ISBMR and over 70 doctors attended the meeting from India.