

ISBMR Annual Report -2013

2013 has been a very eventful year with a large number of initiatives which brought ISBMR to the next level of performance.

We crossed the membership figure to over 380 excluding the executive and many are likely to join this year.

Gujarat Chapter

We added the Gujarat Chapter of ISBMR with Dr. Vivek Arya as the Secretary.

CME - Endocrinology for Practicing Physicians

ISBMR and Medanta conducted a CME, "Endocrinology for Practicing Physicians" on 23rd and 24th February at Medanta, the Medicity, Gurgaon, Haryana.

The CME focused on endocrine disorders like diabetes, thyroid disorders and obesity, which are commonly encountered by general physicians. Medanta took the initiative to help practicing physicians manage common endocrine disorders through this CME. This CME provided an opportunity for the delegates to closely interact with these experts. The programme content was very relevant and useful for general physicians, internists and budding endocrinologists, with an emphasis on recent advances in the diagnosis and treatment of endocrine disorders.

ESCEO - IOF 2013

ESCEO - IOF 2013 was a well attended conference having 870 abstracts and more than 1000 participants. Indian participation led by Dr. Amrish Mithal was very strong with more than 25 Indian delegates attending this important annual event on bone. There were three oral communications from India as follows:-

1. Dr. Dinesh Dhanwal on "One year mortality and functional impairment in hip fracture-a prospective study from India".
2. Dr. Mythri Shankar on Capture the fracture.

The presentations were well received by the audience.

One more important event was the study on vitamin D status in children by ISBMR with unrestricted educational grant from ERIS LIFESCIENCES PVT.LTD. Dr. Amrish Mithal addressed the group of 25 investigators on 17th April and impressed upon the importance of vitamin D in children. He also discussed the protocol with this group which included some of very senior endocrinologists such as Dr. S. Shridhar, Dr. Sunil Mishra, etc. This was well received by audience and there was good discussion.

9th National Conference

We conducted our 9th Annual Conference in Srinagar (J&K) from 7th to 8th September 2013 at the Sher – e - Kashmir Institute of Medical Sciences (SKIMS). The conference was going on simultaneously with the concert by Mr. Zubin Mehta in the famous Shalimar Garden.

There was a participation of over 150 doctors from all over India, in spite of fear of curfew, etc.

The content of the scientific programme was top class as it always is. We had Dr. Ian Reid from New Zealand, Dr. Sudhakar Rao and Dr. Subhash Kukreja from USA besides our local faculty.

ISBMR also had its Executive Committee as well as General Body Meeting at the venue and announced the results of biennial elections. The top hierarchy remained unchanged. Dr. Vivek Arya was elected to the Executive Committee along with the existing team who were re-elected.

Course on "Osteoporosis: Essentials of Densitometry, Diagnosis and Management"

The erstwhile IOF Bone Densitometry course was discontinued and its place was taken by The Osteoporosis Essentials Course.

ISBMR was the first to take up this course in its new Avtar as the first international course named "Osteoporosis Essentials of Densitometry Diagnosis and Management" (IOF – ISCD Course). It was conducted in all the 4 metropolitan states -

- New Delhi – The 1st one took place at Hotel Radisson Blu, Dwarka on 28-29 September 2013. The course was very well received and attended by nearly 40 participants.
- Kolkata – The 2nd one was held at The Park, 17 Park Street on 26-27 October 2013. The course was attended by over 40 participants and was appreciated by all.
- Chennai – The 3rd one was conducted at Radisson Blu Hotel, Ethiraj Salai on 16-17 November 2013. It was attended by over 40 doctors.
- Mumbai – The last one was held at Marriott Mumbai International Airport on 23-24 November 2013 and was attended by more than 35 doctors from all over India.

World Osteoporosis Day

ISBMR celebrated World Osteoporosis Day (WOD) at –

New Delhi - World Osteoporosis Day (WOD) on 20th October 2013 was celebrated in New Delhi by ISBMR with the support and sponsorship of ABBOT and Fitness Fusion. A 'Walk for Osteoporosis' was organized at Sanjay Van near Vasant Kunj at 7 AM on 20th October 2013. Around 200 enthusiastic residents from Vasant Kunj and nearby colonies participated.

Dr. Ranjana Mithal inaugurated the function and Dr. Rajesh Malhotra an eminent Orthopedic gave a lecture on 'Love Your Bones' followed by tips on fitness by Dr. Namita Aggarwal. The lecture and fitness tips were appreciated very well by the participants.

Ahmedabad - We organized a half-day CME on OSTEOPOROSIS on October 20th 2013 - WORLD OSTEOPOROSIS DAY. It was organized under the auspices of Indian Society of Bone and Mineral Research – Gujarat Chapter & Ahmedabad Physician Association. Program was accredited with 2 CME credit hours by Gujarat Medical Council. More than 125 delegates attended the program. It included 35 physicians, 16 Orthopedicians, 12 Gynecologists, 5 Rheumatologist, 5 Endocrinologist and 52 GP's and other specialties.

Dr. Rajesh Khadgawat, Secretary of ISBMR was the Guest Speaker for the program. All the sessions were extremely interactive and overall well enjoyed and appreciated by all the delegates.

Program was supported by unrestricted educational grant from INTAS – One Won Division.

4th Asia-Pacific Osteoporosis Meeting

The year ended with the participation of ISBMR in the 4th Asia – Pacific Osteoporosis Meeting organized by IOF from 12th – 15th December at Hong Kong. ISBMR sponsored the trip for around 7 doctors.