

Osteoporosis Essentials is an international course on Osteoporosis by International Osteoporosis Foundation (IOF) and International Society for Clinical Densitometry (ISCD) in collaboration with the Indian Society for Bone & Mineral Research (ISBMR). The core elements of this program provide a set of standard practices and information to raise the level of awareness and education in bone densitometry and osteoporosis. The Osteoporosis Essentials program covers the latest techniques and knowledge on densitometry and the physiology, epidemiology, diagnosis & management of osteoporosis.

The program consists of 13 modules, designed for those involved in the performance and interpretation of DXA scans and those involved in the diagnosis, treatment and management of osteoporosis.

This year in 2016, Osteoporosis Essentials program was held at Mumbai on 11th & 12th June 2016.

The meeting was attended by 46 Drs from across the country. The faculties of the program were the top KOLs of the country on Bone Health which included –

Dr. Ambrish Mithal - Chairman & Head of Endocrinology, Medanta, Chairperson of the Asia Pacific Advisory Council of the IOF

Dr. Nikhil Tandon – Professor of Endocrinology, AIIMS, New Delhi

Dr. Rajesh Malhotra - Professor of Orthopedics, AIIMS, New Delhi

Dr. Manoj Chadha – Consultant Endocrinologist, Hinduja Hospital, Mumbai

There was an active participation by the delegates in all the sessions on various aspects related to Osteoporosis including interpretation of DEXA report, fracture risk assessment & clinical management of Osteoporosis.

Below are the feedback from few of the delegates who attended the program –

- “These 2 days entirely changed my idea of Osteoporosis management which I followed before” – Dr. Manoharan M, Chennai
- “Took us to school. That’s exactly what we needed. Great conference. Thumbs Up!” – Dr. Sakharan Samuel, Kolkata
- “The program cleared confusion on treatment of Osteoporosis” – Dr. Rajesh Kumar, Siliguri
- “Good. Please keep such programs going on” – Dr. Ravi Shah
- “Thanks for calling me to this program. Feels great!” – Dr. A Suryanarayan, Vijaywada
- “Should increase further information through course like this” – Dr. Devesh Bandil, Gwalior
- “Such programs needs to be a regular feature” – Dr. Ravjit Singh, Chandigarh