

21ST ANNUAL NATIONAL CONFERENCE OF




INDIAN SOCIETY FOR BONE AND MINERAL RESEARCH

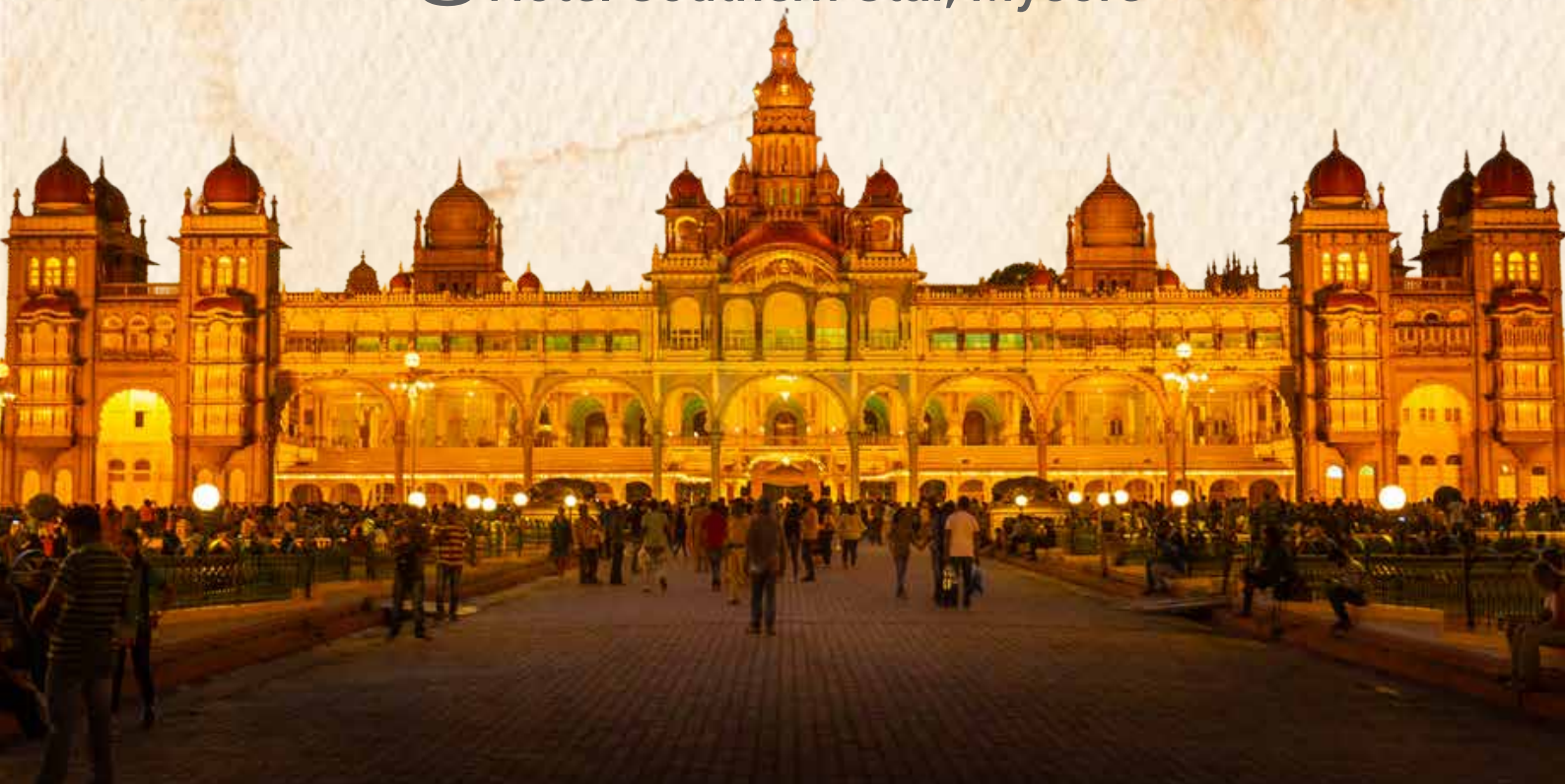
ISBMR 2025

In association with Karnataka Endocrine Society and
Department of Endocrinology, JSS Medical College,
JSS Academy of Higher Education and Research, Mysore



24TH, 25TH & 26TH OCTOBER 2025

 Hotel Southern Star, Mysore



24 OCTOBER 2025 | FRIDAY

Time	Topic	Speaker
Organisers: Dr Archana K, Dr Shruthi B		
6:00 - 8:00pm	INDUSTRY SYMPOSIUM	
6:00 - 6:40pm	Novo Nordisk Symposium	
6:00 - 6:20pm	STEPping stones to effective obesity management: Exploring the role of Semaglutide 2.4 mg	Dr Hiramshu Acharya
6:20 - 6:40pm	Exploring the comprehensive cardiometabolic benefits of Semaglutide 2.4 mg: Beyond weight loss	Dr Anish Behl
6:40 - 7:20pm	Eli Lilly Symposium	
6:40 - 6:55pm	Why is obesity a chronic disease and needs to be treated?	Dr Ambrish Mithal
6:55 - 7:10pm	Tirzepatide: Head to Head with GLP-1 RA	Dr Anantharaman R
7:10 - 7:20pm	Question and Answer	
7:20 - 8:00pm	USV Symposium	
7:20 - 7:30pm	The way Forward for Bone and Mineral Research, From Molecules to Meaningful Impact: Industry perspectives	Mrs Farida Hussain
7:30 - 7:45pm	Fixed triple dose combination of SGLT2i, DPP-4i and metformin in type 2 diabetes in India:	Dr Lakshmi Nagendra
7:45 - 8:00pm	Interlinking MASLD and Diabetes: A Call for Integrated Metabolic Care	Dr Arpandev Bhattacharya
GUEST LECTURE		
8:00 - 8:30pm	Educate, Engage, Empower: A Modern Approach to Osteoporosis Management	DR VISHNU SUNDARESH <i>Director, Osteoporosis and Metabolic Bone Health Program Division of Endocrinology, Metabolism and Diabetes University of Utah School of Medicine, Salt Lake City, Utah, United States</i>

PROGRAM SCHEDULE | 25 OCTOBER 2025 | SATURDAY

Time	Topic	Speaker	Chairperson
07:30-11:05	Organisers: Dr Akhila Bhandarkar, Dr Rebecca John		
07:30-08:20	Faculty paper presentation	Moderator: Dr Varun Suryadevara	Judges: Dr Ambrish Mithal Dr Ritu Trivedi Dr Saptarshi Bhattacharya Dr Parjeet Kaur
08:20-08:45	Panel discussion Advances in osteoporosis management	Moderator: Dr Shinjan Patra Panellists: Dr Ameya Joshi Dr Prem Patidar Dr Jayashree Swain Dr Vijay Bhasker Reddy	
08:20-08:45	Faculty poster presentation	Moderator: Dr Varun Suryadevara	Dr Gagan Priya Dr Sambit Das
08:45-09:15	Debate: Diagnosis of osteoporosis in a 25 year old premenopausal woman 08:45-08:55 Z score is appropriate : Dr Parjeet Kaur 08:55-09:05 T score is appropriate : Dr Sambit Das 09:05-09:15 : Rebuttal and discussion	Moderator: Dr Saptarshi Bhattacharya	
09:15-09:35	Collaborative Research in India: Opportunities and challenges	Dr Nikhil Tandon	Dr Gagan Priya Dr Sambit Das Dr Divya P
09:35-11:05	SARCOPENIA WORKSHOP	Moderator: Dr Ajay Hanumanthu	
09:35-09:55	Sarcopenia: Diagnosis	Dr Rimesh Pal	
09:55-10:15	Protein-rich diet prescription in sarcopenia: Practical aspects	Dr Sheryl Salis	
10:15-10:35	Resistance training in Sarcopenia: A practical demonstration	Dr Parjeet Kaur	
10:35-10:55	Pharmacotherapy in Sarcopenia	Dr Shriraam Mahadevan	
10:55-11:05	Discussion		
11:05-12:55	Organisers: Dr Durairaj Arjunan, Dr Khushboo Agarwal		
11:05-11:35	Dr SPS Teotia Oration Targeting the "Gut-Immune-Bone axis" as a novel Immunoporotic strategy in mitigating inflammatory bone loss in Osteoporosis	Dr Rupesh K. Srivastava	Dr Arpandev Bhattacharya Dr Ritu Trivedi
11:35-12:05	Degradation of bone quality in Alzheimer's disease and its interaction with Brain Health and Pathology	Dr Deepak Vashisht	Dr Sanjay Bhadada Dr Anish Behl Dr Shilpa Avarebeel
12:05-12:35	Skeletal health research : The year in review	Dr Ambrish Mithal	Dr Shriraam Mahadevan Dr Kripa Cherian Dr Tejaswini CJ
12:35-12:55	Management of Rebound fractures after denosumab discontinuation	Dr Subhash Kukreja	Dr Anish Behl Dr Mahabaleshwar Mamadpur Dr Harsha CM
12:55-13:25	Inauguration Guest of Honour	Dr Basavanagowdappa H Vice Chancellor, JSS Academy of Higher Education and Research, Mysore	


PROGRAM SCHEDULE | 25 OCTOBER 2025 | SATURDAY

Time	Topic	Speaker	Chairperson
13:25-14:00	Lunch MBBS Paper presentations	 Moderator: Dr Archana K	Judges: Dr Shriram Mahadevan Dr Vijay Bhasker Reddy
14:00-17:30	Organisers: Dr Vanishri, Dr Durairaj Arjun		
14:00-14:20	Pregnancy and Lactation associated Osteoporosis	Dr Usha Sriram	
14:20-14:40	Familial Hypocalciuric Hypercalcemia: Indian Perspectives	Dr Sanjay Bhadada	Dr Anantharaman R Dr Mani Deepthi
14:50-15:20	Breast tomosynthesis setting to screen for osteoporosis: An opportunity to be exploited	Dr Sudhaker Rao	Dr Harish Darla Dr Vikram Patil Dr Kavya BT
15:20-15:40	Osteoanabolics vs Antiresorptives Which one to choose and when	Dr Satinath Mukhopadhyay	Dr Vivek Arya Dr Raghu MS Dr Girish Chandra
15:40-16:00	Use of bone turnover markers in clinical practice : Case illustrations	Dr Thomas Paul	Dr Philip Finny Dr Manjunath Ramakrishna Dr Spoorthy Raj
16:00-16:20	Regional and seasonal variations in vitamin D synthesis in India : Implications for testing and supplementation	Dr Raman K Marwaha	Dr Suryanarayana KM Dr Sailesh Lodha Dr Jyothi Idiculla
16:20-16:40	Calcium supplementation When and how	Dr KVS Harikumar	Dr Santosh R Dr Shivendra Verma Dr Raksha Manjunath
16:40-17:00	Long term therapy in osteoporosis: Case illustrations	Dr Sushil Gupta	Dr Rajeshwari Janakiraman Dr Vijay C Dr Chengappa KG
17:00-17:30	TEA, EC Meeting		
17:30-19:45	Organisers: Dr Varun Suryadevara, Dr Shinjan Patra		
17:30-18:10	QUIZ Dr Riddhi Dasgupta, Dr Gagan Priya		
18:10-18:50	Treatment of difficult metabolic bone disease cases	Dr Manju Chandran Dr Subhash Kukreja Dr Sudhaker Rao	
18:50-19:15	Panel discussion FLS : Opportunities and challenges	Moderator: Khushboo Agarwal Panelists: Dr Mythili Dr Jay Chordia Dr Ipsita Mishra Dr Santosh R	
19:15-19:45	General body meeting		
17:30-18:30	PhD Poster presentations	Moderator: Dr Aditya Hegde	Judges: Dr Mythili Ayyagari Dr Satinath Mukhopadhyay
18:50-19:50	DM/DrNB Poster presentation (Case/ Case series)	Moderator: Dr Manjunath Ramakrishna	Judges : Dr Subhash B Yadav Dr Sailesh Lodha Dr Preyander Thakur

PROGRAM SCHEDULE | 26 OCTOBER 2025 | SUNDAY

Time	Topic	Speaker	Chairperson
07:30-11:50	Organisers: Dr Afsar Fathima, Dr Aditya Hegde		
07:30-08:00	PhD scientific paper presentations	Moderator: Dr Mani Deepthi	Judges: Dr Deepak Vashisht Dr Satinath Mukhopadhyay
08:00-09:50	DXA WORKSHOP	Moderator: DR Praveen Kumar NS	Dr Vijaya Sarathi HA Dr Subramaniam Kannan Dr Shaila Bhattacharya
08:00-08:20	Basics of BMD, interpretation and pitfalls	Dr Kripa Cherian Dr Rebecca Dr Padmavathi	
08:20-08:40	Utility of TBS and VFA in clinical practice	Dr Soham Mukherjee	
08:40-09:00	DXA: Precision and Positioning; Other DXA-derived indices	Dr Kripa Cherian	
09:00-09:20	Paediatric DXA: A practical guide to bone densitometry in children	Dr Nisha Bhavani	
09:20-09:40	Body composition analysis	Dr Nitin Kapoor	
09:40-09:50	Discussion		
09:50-10:50	DM/DrNB scientific paper presentation	Moderator: Dr Chitra Selvan	Judges: Dr Sudhaker Rao Dr Manju Chandran Dr Deepak Vashisht
09:50-10:50	MD/MBBS Poster presentations DM/DrNB (Original study) Poster presentations	Moderators: Dr Aditi Chopra Dr Durairaj Arjunan	Judges: Dr Subhash Yadav Dr Nisha Bhavani Dr Ipsita Mishra
10:50 -11:20	Plenary Bones, Minerals, and Beyond: Navigating CKD–MBD	Dr Manju Chandran	Dr Vageesh Ayyar Dr Nisha Bhavani Dr Chitra Selvan
11:20-11:50	DR MMS Ahuja Oration	Dr Peter Ebeling	Dr Sushil Gupta Dr Thomas Paul
11:50-13:30	Organisers: Dr Himamshu Acharya, Dr Akhila Bhandarkar		
11:50-12:30	Meet the professor Rare bone disorders	Dr Manju Chandran Dr Sudhaker Rao Dr Manoj Chadha	

PROGRAM SCHEDULE | 26 OCTOBER 2025 | SUNDAY

Time	Topic	Speaker	Chairperson
12:30-13:20	DIABETES AND BONE		
12:30-12:50	Fracture risk assessment in diabetes	Dr Saptarshi Bhattacharya	Dr Ganapathi Bantwal, Dr YS Ravikumar
12:50-13:10	GLP-1 analogues and skeletal health: Current evidence	Dr Ambrish Mithal	
13:10-13:30	Management of osteoporosis in diabetes : dilemmas and considerations:	Dr Shashank Joshi	
13:30-14:10	Lunch MD/MS paper presentations	 Moderator: Dr Ajay Hanumanthu	Judges: Dr Kaushik Pandit Dr Pramila Kalra
13:30-16:30	Organisers: Dr Varun Suryadevara, Dr Aditi Chopra		
14:10-14:30	Just a minute	Moderators : Dr Raghu MS Dr Harish Darla	Judges: Dr Arpandev Bhattacharya Dr Shaila Bhattacharya Dr Ganapathi Bantwal Dr Vageesh Ayyar Dr Thomas Paul Dr Pramila Kalra Faculty: Dr Swayamsidha Mangaraj Dr Preyander Thakur Dr Padmavathi TG Dr Gayatri S Dr Akhila Bhandarkar Dr Afsar Fathima Dr Gopinath N Dr Durairaj Arjunan Dr Ravindranth Reddy Dr Archana K
14:30-14:50	Foundation for strong bones : Setting up a pre-clinical lab for osteoporosis research	Dr Ritu Trivedi	Dr Akila Prashant Dr Kunal Sharan
14:50- 15:10	Bone health in the transgender population	Dr Kaushik Pandit	Dr Pramila Kalra Dr Rajeshwari Janakiraman Dr Aditi Chopra
15:10-15:30	Thyroid and bone	Dr Vivek Arya	Dr Amrit Naniah Dr Basavaraj Sooragonda Dr Kshama S Ramesh
15:30-15:50	Bone Spotters	Dr Sunetra Mondal Dr Nitin Kapoor	Dr Mahesh Prakash Dr Anish Bhattacharya
15:50-16:10	Bone quality assessment : Biomedical engineers perspective	Dr Navin Kumar	Dr Shalmoli Bhattacharya Dr Purushothama Sastry Dr Ajay Sharma
16:10-16:30	One protein, Two cures : Development of Peptides from Sclerostin to treat both Osteoporosis and Osteoarthritis	Dr Naibedya Chattopadhyay	Dr Subramaniam R Dr Narendra BS Dr Siddalingamurthy G
16:30-17:00	Prize distribution and valedictory		Dr Afsar Fathima

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